# The Andes Affect ENSO Statistics

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ABSTRACT: Current coupled global climate models have biases in their simulations of the tropical 7 Pacific mean state conditions as well as the El Niño Southern Oscillation (ENSO) phenomenon. 8 Specifically, in the Community Earth System Model (CESM version 1.2.2), the tropical Pacific 9 mean state has overly weak sea surface temperature (SST) gradients in both the zonal and meridional 10 directions, ENSO is too strong and too regular, and El Niño and La Niña events are too symmetrical. 11 A previous study with a slab ocean model showed that a higher elevation of the Andes can improve 12 the tropical Pacific mean state simulation by adjusting the atmospheric circulation and increasing 13 the east-west and north-south SST gradients. Motivated by the link between the mean tropical 14 Pacific climate and ENSO variations shown in previous studies, here we explored the influence of 15 the Andes on the simulation of ENSO using the CESM 1.2.2 under full atmosphere-ocean coupling. 16 In addition to improving the simulated tropical Pacific mean state by increasing the strength of 17 the surface easterly and cross-equatorial southerly winds, the Higher Andes experiment decreases 18 the amplitude of ENSO, increases the phase asymmetry, and makes ENSO events less regular, 19 resulting in a simulated ENSO that is more consistent with observations. The weaker ENSO cycle 20 is related to stronger damping in the Higher Andes experiment according to an analysis of the 21 Bjerknes Index. Our overall results suggest that increasing the height of the Andes reduces biases 22 in the mean state and improves the representation of ENSO in the tropical Pacific. 23

# 24 1. Introduction

The tropical Pacific climate is formed by the large-scale interaction between the atmosphere and 25 the ocean. Its mean state has strong contrast between the wet and warm western Pacific and the cold 26 and dry eastern Pacific. Deviating from this mean state, the tropical Pacific climate has a natural 27 interannual variation called El Niño/Southern Oscillation (ENSO, see McPhaden et al. (2020) for a 28 review). ENSO events alter the global atmospheric circulation, causing unusual floods or droughts 29 occur in many regions (e.g., Prieto 2007), creating threats to our society in many aspects including 30 agriculture (Nicholls 1991), fisheries (Lehodey et al. 2020), public safety (Fang et al. 2021), and 31 economic vitality (Bastianin et al. 2018). 32

Due to ENSO's impacts, understanding its dynamics and predicting it a few seasons in advance 33 has been the focus of intensive research over the last 50 years. Early methods built simplified 34 models to simulate the components that affect ENSO's initiation, generation and dissipation (e.g. 35 Bjerknes 1969; Wyrtki 1985; Cane and Zebiak 1985; Jin 1996, 1997a,b). These simplified climate 36 models do simulate a quasi-periodic signal and reveal some of the key components of the ENSO 37 cycle, but many important aspects of ENSO are not accounted for. With the lack of seasonal 38 modulation and the non-linear processes in these simplified models, they are too limited in scope 39 and cannot reproduce the full complexity and diversity of ENSO (Jin et al. 2020; Levine et al. 2016). 40 Coupled Global Circulation Models (CGCMs) are better suited to capture many characteristics of 41 ENSO compared with simplified models, but they still have a lot of systematic errors (Guilyardi 42 et al. 2009; Bellenger et al. 2014; Guilyardi et al. 2020; Planton et al. 2021), including biases 43 in the mean state, in processes contributing to the growth and decay of ENSO and occurrence 44 statistics. Biases in the mean state include the SST distribution, double Inter-Tropical Convergence 45 Zones (ITCZs) bias, and the errors in surface wind simulation (e.g., Guilyardi et al. 2020; Planton 46 et al. 2021). Biases in ENSO properties include the wrong amplitude, too sharply peaked power 47 spectrum, excess westward displacement of the ENSO pattern, too little skewness and so on (e.g., 48 Guilyardi et al. 2020; Planton et al. 2021). In addition, there are still considerable uncertainties in 49 ENSO properties under warmer climate, although climate models are improving in the agreement 50 of future projections (Cai et al. 2018, 2021). 51

Progress in overcoming these difficulties has taken many forms. One solution is increasing the
 spatial and temporal resolutions of the atmosphere and ocean models (Wittenberg et al. 2018).

<sup>54</sup> However, it is a slow and challenging process to reach higher resolution model simulations, since
<sup>55</sup> each increase in resolution is exponentially more difficult. Fox-Kemper et al. (2014) showed that the
<sup>56</sup> past decades' rate of computational improvement results in the doubling of full-complexity CGCM
<sup>57</sup> resolution only every 10.2 years (consistent with a recent update by Haine et al. 2021). Therefore,
<sup>58</sup> instead of using a higher-resolution climate model, we attempt to improve ENSO simulations by
<sup>59</sup> better representing dynamical processes.

As many errors in ENSO properties and errors in the mean state climate are closely connected 60 (e.g., Zhang and Sun 2014; Abellán et al. 2017; He et al. 2018), adjustments that can improve 61 the mean state simulations may also improve the ENSO simulation. The mean state over the 62 Pacific can be influenced by many aspects of the modeling system, but the focus in this paper 63 is the representation of the Andes. Previous studies showed that removing all orography in a 64 CGCM modulates the mean states and ENSO has a stronger amplitude and increased regularity 65 (Kitoh 2007; Naiman et al. 2017). As the Andes alone are important for the formation of the 66 southeast Pacific cold tongue (Takahashi and Battisti 2007), Xu and Lee (2021) hypothesized that 67 the Andes are not high enough in the low-resolution CGCMs and improving that could improve the 68 simulation of the Pacific mean state and variability. Indeed, with too low Andes, the modeled range 69 insufficiently modulates the atmospheric circulation and result in too warm SST in the southeast 70 Pacific and too much precipitation over the south Pacific. To test this hypothesis, Xu and Lee (2021) 71 modified the Andes in a coupled system with a slab-ocean model and compared the experiment 72 with a higher elevation of the Andes model versus a control experiment with the standard coarsened 73 Andes orography. They found an improvement in the simulation of the tropical Pacific mean state 74 with lowered SST in the southeast Pacific cold tongue and the inhibition of precipitation over the 75 central south Pacific. We hypothesize that modifying the Andes will affect ENSO as well. 76

In this paper, we explore whether modification of the Andes can improve simulations of the mean state climate and the ENSO cycle in the tropical Pacific using a CGCM, focusing on the role of upper ocean dynamical feedbacks. Section 2 introduces the experimental setup and the model setting. Section 3 and 4 compare the model results in terms of the mean state and ENSO cycle. Section 5 discusses the mechanism explanations of our result and Section 6 talks about its scientific importance.

## 83 2. Method

# <sup>84</sup> a. Model and Experiment

<sup>85</sup> We used the National Center for Atmospheric Research (NCAR) Community Earth System <sup>86</sup> Model (CESM) version 1.2.2 (Hurrell et al. 2013). It includes the Community Atmospheric <sup>87</sup> Model, version 4 (CAM4) as the atmosphere component, and an extension of the Parallel Ocean <sup>88</sup> Program (POP) Version 2 from Los Alamos National Laboratory (LANL) as the ocean component. <sup>89</sup> We ran the model with CO<sub>2</sub> concentration as in year 2000 (367 ppm) so that we can compare our <sup>80</sup> result with the satellite data. We used the atmospheric resolution of  $1.9^{\circ} \times 2.5^{\circ}$  with 26 vertical <sup>81</sup> layers and nominal oceanic resolution of  $1^{\circ}$  with 60 vertical layers for our experiment.

Boos and Kuang (2010) showed that the narrow Himalayas mountain ranges, rather than the 92 Tibetan plateau, is essential to modulate the South Asian monsoon. Inspired by their study, we 93 consider the Andes as a similar barrier that influences the topical Pacific circulations. Fig. 1a 94 shows the 1-km high-resolution topography from the National Oceanic and Atmospheric Adminis-95 tration (NOAA) National Geophysical Data Center (NGDC) Global Land One-km Base Elevation 96 (GLOBE) topography, and Fig 1b is the default topography setting in CESM (used in our control 97 experiment). In order to understand the influence from the Andes, we modified the height of 98 the Andes to the highest value according to the GLOBE topography (Fig. 1c; experiment called 99 'Higher Andes'). In each coarse-grained grid cell along the Andes in the climate model, we com-100 puted its elevation as the maximal elevation within the cell area of the fine-grained observations. 101 Our approach is to evaluate the maximum possible influence of the Andes, and not to simulate the 102 exact influence of the Andes. Both experiments were run for 350 years to allow the upper ocean to 103 adjust to the modification, and we used the last 160 years of model output for our analysis. 104

## 111 b. Analysis

To analyze the model performance, we used the ENSO metrics package developed by the International Climate and Ocean: Variability, Predictability and Change (CLIVAR) Pacific Region Panel (Planton et al. 2021). These metrics allow us to rapidly diagnose and evaluate the model's performance regarding the ENSO-related mean state and properties, teleconnection pattern, and dynamical coupling. In this research, we will focus on the comparison of the simulation accuracy between the Control and Higher Andes experiments.



FIG. 1. Elevation in South America from (a) National Oceanic and Atmospheric Administration (NOAA) National Geophysical Data Center (NGDC) Global Land One-km Base Elevation (GLOBE) topography, (b)  $1.9^{\circ}$  $\times 2.5^{\circ}$  resolution of CESM Control experiment topography, and (c) Higher Andes experiment topography. The height of the Andes is adjusted to the highest value according to the GLOBE topography: in each coarse-grained grid cell along the Andes in the climate model, we computed its elevation as the maximal elevation within the cell area of the fine-grained observations. Same as Fig. 1 in Xu and Lee (2021).

To evaluate the model's performance on the tropical Pacific climate, we use HadISST's SST (Rayner et al. 2003), GPCPv2.3's precipitation (Adler et al. 2003), TropFlux's net surface heat fluxes and surface wind stress (Praveen Kumar et al. 2012, 2013), and the Met Office Hadley Centre's EN4 ocean temperature profile (Good et al. 2013). We use monthly data from these products over the period 1979 to 2018. Although the  $CO_2$  forcing within this period is not constant as in the model, it increases linearly with the average value approximately equal to that in year 2000. Therefore we still consider it a fair comparison.

<sup>125</sup> To compare the spatial distributions between the observations and the simulations, all data is <sup>126</sup> interpolated onto a regular  $1^{\circ} \times 1^{\circ}$  grid. The gridded observational datasets available are not <sup>127</sup> perfect and choosing another group of datasets may slightly change the metric values (e.g., Planton <sup>128</sup> et al. 2021). Using these observational datasets we do not precisely evaluate the model, but merely <sup>129</sup> detect the differences between the Control and Higher Andes experiments and estimate if the new <sup>130</sup> simulation is getting better or worse. In the evaluation of the mean state distribution (Fig. 2, 4, 5), the model mean distributions are calculated from averaging the 160 year model results. In order to make comparisons with the 40 years observation data, the error bars are calculated using the bootstrapping method. We did 10,000 bootstrapping samples each selecting 480 months of data (i.e., 40 years) and calculated the average distribution of each sample. The error bars are calculated as the standard deviation over the 10,000 40-year-equivalent averages. The distribution of the 10,000 averages is nearly Gaussian, so the standard deviation is an adequate measure of uncertainty.

For the ENSO variations section (Fig. 7, 8, 10), unlike the mean state uncertainties, the ENSO variations are interannual signals continuous in time. Their spectral analysis is most meaningful within a continuous decadal-scale period matching in duration to the available observational data. Thus, the 160 years of model results are divided into 4 non-overlapping sections of 40 continuous years. Corresponding distributions of each section are plotted as the thin, light lines, and the averaged values of the 4 sections are plotted as the thick, dark lines. Root-Mean Square Errors (RMSEs) are calculated between the averaged distributions and the observations.

To quantify the processes that influence the ENSO variation, we calculated the Bjerknes stability index (Jin et al. 2006) with the same equation as Zhao and Fedorov (2020).

$$2I_{BJ} = -\alpha_s - \frac{\langle \overline{u} \rangle}{L_x} - \frac{\langle -2y\overline{v} \rangle}{L_y^2} - \frac{\langle \mathcal{H}(\overline{w})\overline{w} \rangle}{H_m} + \mu_a\beta_u \langle \frac{\partial \overline{T}}{\partial x} \rangle + \mu_a\beta_w \langle \frac{\partial \overline{T}}{\partial z} \rangle + \mu_a\beta_h a_h \langle \frac{\overline{w}}{H_m} \rangle \quad (1)$$

The terms on the right hand side of this equation represent (1) Thermal Damping (TD), (2) the 2nd, 3rd, and 4th terms add up as the Mean Advection Damping (MA), (3) Zonal Advection Feedback (ZA), (4) Ekman Feedback (EK) and (5) Thermocline Feedback (TH). The first two mechanicms act as a damping effect on ENSO, while the remaining three feedback processes strengthen ENSO. This equation separates the different mechanisms that can influence the ENSO cycle, which allows us to understand what are key the processes that the Higher Andes experiment differs from the control experiment.

#### **3.** Changes in the mean state

<sup>155</sup> Similar to the slab-ocean model simulations (Xu and Lee 2021), the Higher Andes in the <sup>156</sup> atmosphere-ocean coupled model changes the mean state of the ocean and atmosphere. We will evaluate these changes in four aspects related to mean changes usually taken to affect ENSO: SST,
 precipitation, wind stress and ocean stratification.

## 159 a. SST and precipitation

Bayr et al. (2018) and Wengel et al. (2018) found a link between the mean SST bias and ENSO seasonality as well as the balance of mechanisms generating SST anomalies. As SST and precipitation biases are linked (e.g. Oueslati and Bellon 2015; Brown et al. 2020), the effect of the height of the Andes on these biases are analyzed together in this section.

Figure 2 shows the latitudinal and longitudinal distribution of SST and precipitation in the 174 Observation (black line), Control (red line) and Higher Andes experiments (blue line). In the 175 eastern Pacific (Fig. 2a), the SST across latitudes is too warm in both experiments, but this warm 176 bias is smaller in the Higher Andes experiment than in the Control experiment (RMSE of 0.6 °C 177 and 1.2 °C respectively), especially south of the equator. As a consequence, the north-south (N-S) 178 SST gradient (defined as the difference between the highest SST in the northern and southern 179 hemisphere) is better reproduced in the Higher Andes experiment than in the Control experiment 180 (Higher Andes: 1.4 °C; Control: 0.7 °C; observation: 1.5 °C). Both experiments are also too 181 warm along the equator (Fig. 2b), but again, the bias is reduced in the Higher Andes experiment 182 compared to the Control experiment (RMSE of 0.5 °C and 0.8 °C respectively). Note that the bias 183 is reduced everywhere but west of the dateline. 184

In the tropical Pacific, the air from the southern and northern hemispheres converges. The 185 converged air is forced upward and creates the intertropical convergence zone (ITCZ), a region of 186 heavy precipitation, on average located at the north of the equator (Philander et al. 1996). The 187 observed precipitation distribution across latitudes in the eastern Pacific (Fig. 2c; black line) 188 displays a strong N-S precipitation difference, with around 1 mm/day south of the equator and 189 a peak reaching 8 mm/day around 7°N. In both experiments, the distribution of precipitation is 190 too symmetric with respect to the equator, a persistent error in climate models called the double 191 ITCZs bias (e.g., Lin 2007; Bellenger et al. 2014; Planton et al. 2021). The section-averaged bias is 192 around 2.0 mm/day in the Control experiment (red line), and N-S precipitation gradient (defined as 193 the difference between the largest precipitation in the northern and southern hemisphere) is around 194 2.1 mm/day. In the Higher Andes experiment, the double ITCZ bias is still present but reduced 195



FIG. 2. (a),(b) SST distribution in Observation, Control and Higher Andes experiments (°C). (c),(d) Precip-164 itation distribution in Observation, Control and Higher Andes experiments (mm/day). (a),(c) are distributions 165 across latitudes (zonal average  $150^{\circ}$ E- $90^{\circ}$ W). (b),(d) are distributions along the equator (meridional average  $5^{\circ}$ S-166  $5^{\circ}$ N). The solid lines in model results are the averaged distribution over 160 years. The error bars are calculated 167 with the bootstrapping method. We did 10,000 times of bootstrapping with 480 months (40 years) of data, and 168 calculated the average distribution of each bootstrapping samples. The error bars are the standard deviations 169 of these 10,000 average distributions. The observation distributions (black lines) are the average distribution of 170 40 years. The legends also show the Root Mean Square Errors (RMSEs) calculated as the averaged difference 171 between the model mean values (blue and red solid lines) and observations (black solid line). Uncertainties of 172 the RMSEs are the averaged values of the error bars. See Method section for detailed explanations. 173

(the N-S precipitation difference of 2.4 mm/day), slightly reducing the mean bias (1.5 mm/day).
However, increasing the height of the Andes does not improve the dry bias in the western equatorial
Pacific, as shown in Fig. 2d. But it inhibits central and eastern tropical Pacific precipitation and
still reduces the total precipitation bias (RMSE of 0.9 mm/day in the Control experiment and of
0.7 mm/day in the Higher Andes experiment).



FIG. 3. Similar to Fig. 2, but for the comparison between fully-coupled model results (thick solid lines) and slab-ocean model results (thin dashed lines). The modeled fully-coupled distributions are averaged over the last 160 years of 350 years simulations. The slab-ocean distributions are averaged over the last 10 years of 30 years simulations. Here we only showed the average distributions but not the error bars because the fully-coupled experiments and the slab-ocean experiments are run for different lengths compared with the observation. The legends also show the RMSEs calculated between the each modeled average values and observations.

The changes brought by the modification of the Andes are similar in the present experiment with a fully-coupled climate model and in the experiment from Xu and Lee (2021) with a slab ocean model (Fig. 3): a higher elevation of the Andes setting lowers the SST and reduces precipitation over the eastern tropical Pacific area. However, the difference between the Control and the Higher Andes experiments is smaller in the fully-coupled climate model, which means that the ocean circulation feedbacks respond to withstand the changes in the atmosphere, and end up weakening the influence from the Andes.

#### <sup>214</sup> b. Wind stress

The surface wind over the tropical Pacific is an important factor that influences the heat and moisture transport, controls the coastal upwelling, and contributes to the development of the ENSO cycle (McPhaden et al. 2020). As both zonal and meridional wind stress modulate the amplitude of ENSO events (Hu and Fedorov 2018; Zhao and Fedorov 2020), we analyze their evolution between the two experiments in this section (Fig. 4).



FIG. 4. Same as Fig. 2, but for the zonal and meridional wind stress  $(10^{-3}N m^{-2})$ . In (a) and (c), zonal average is computed between 150°E and 270°E.

The tropical Pacific region, zonal wind stress is, on average, from east to west along the equator in the Pacific. The meridional component is northward in the southern hemisphere and up to  $7^{\circ}$ N and southward in higher latitudes, to form the ITCZ (Fig. 4, black lines). This pattern is well reproduced in the Control experiment, but the cross-equatorial winds in the eastern equatorial Pacific are too weak (they reach  $30 \times 10^{-3}$  N m<sup>-2</sup> in the observation, but only  $12 \times 10^{-3}$  N m<sup>-2</sup> in the Control experiment; Fig. 4d).

With the Higher Andes experiment, zonal wind stress becomes stronger than in the Control 228 experiment and observations in the south Pacific (Fig. 4a) and in the central to western Pacific 229 region (Fig. 4b), and becomes weaker in the eastern Pacific region (Fig. 4b). As a consequence, 230 the zonal wind stress biases are slightly larger in the Higher Andes experiment than in the Control 231 experiment, across latitudes  $(4.5 \times 10^{-3} \text{ N m}^{-2} \text{ and } 2.7 \times 10^{-3} \text{ N m}^{-2} \text{ respectively})$  and along the 232 equator (11.0×10<sup>-3</sup> N m<sup>-2</sup> and 6.7×10<sup>-3</sup> N m<sup>-2</sup> respectively). The meridional component does not 233 change much across latitudes (Fig. 4c). It becomes slightly too strong south of 5°S in the Higher 234 Andes experiment and gets closer to the observation in the equatorial band (5°S to 5°N). This does 235 not change the mean bias much (from  $4.7 \times 10^{-3}$  N m<sup>-2</sup> in the Control experiment to  $3.0 \times 10^{-3}$  N 236  $m^{-2}$  in the Higher Andes experiment). Along the equator (Fig. 4d), there is little change west 237 of 200°E, but in the eastern equatorial Pacific, the cross-equatorial winds are strengthened in the 238 Higher Andes experiment, getting closer to the observation (but still too weak). This bias is slightly 239 improved but not by a lot (around  $11.5 \times 10^{-3}$  N m<sup>-2</sup> in the Control experiment and around  $8.9 \times 10^{-3}$ 240 N m<sup>-2</sup> in the Higher Andes experiment). 241

The modified atmospheric circulation is related to the change in SST. Similar to the slab ocean 242 model results from Xu and Lee (2021) (Fig. 3), the Higher Andes experiment lowers the SST in 243 the southeast Pacific by enhanced evaporative and radiative cooling (Xu and Lee 2021). The cooler 244 SST in the south Pacific will enhance the high sea surface pressure in the subtropical south Pacific, 245 and therefore enhance the anticyclonic motion (Takahashi and Battisti 2007). This enhanced 246 anticyclonic motion includes stronger easterly winds in the western equatorial Pacific (Fig.4b). 247 Also, the colder SST in the south Pacific increases the surface pressure gradient in the south and 248 the north Pacific, forming a stronger cross-equatorial wind from the southern hemisphere to the 249 northern hemisphere (Fig.4c). In conclusion, imposing a higher elevation of the Andes induces 250 stronger zonal and meridional wind stress in the tropical Pacific. 251

SST biases in different climate models are different (e.g. Fig.2 in Burls et al. 2017), but one common problem is that the east-west SST gradient in the climate models is too small. The biases are either a warm bias or a weaker cold bias in the eastern Pacific, indicating that the SST gradient in most of the CMIP5 models is not as strong as in the observations. Our experiment increases the east-west SST gradient by elevating the height of the Andes, and this change is accompanied by stronger winds over the tropical Pacific.

#### 258 c. Ocean stratification

Because the Higher Andes setting changes the atmosphere circulation, the upper ocean would respond to this change and reach a new equilibrium. Here we show the upper ocean temperature distribution in the two experiments from years 191 to 350. An important aspect of the signal that develops into an ENSO event is the propagation of a temperature anomaly in the subsurface ocean, and it can be measured by the change of thermocline depth (e.g., Zhao and Fedorov 2020).

Fig. 5 shows the potential temperature distribution in NINO3 region (150°–90°W, 5°S–5°N) in both experiments and in the observations (left panel), as well as the differences between the model and the observations (right panel). The Higher Andes experiment is closer to the observations, being colder than the Control experiment in the upper 150 m and warmer than the Control experiment from 150 m to 300 m. As shown in Fig. 5, compared with the Higher Andes experiment, the Control experiment has a too large vertical temperature gradient in the NINO3 region, implying too strong stratification.



FIG. 5. (a) Vertical distribution of the potential temperature (PT, °C) averaged over the NINO3 region (210-270°E, 5°S-5°N). (b) Biases of PT in the vertical distribution over the NINO3 region (model experiments minus 273 observations). Error bars are calculated with a similar method as Fig. 2.

Fig. 6a,b show the vertical distribution and the change of potential temperature in the upper ocean of the equatorial Pacific. The thermocline in the Pacific ocean is tilted (black line in Fig 6a); it is deeper in the western Pacific and shallower in the eastern Pacific. A cooler potential temperature indicates a shallower thermocline, while a warmer potential temperature indicates a deeper thermocline. The Higher Andes experiment imposes a cooling in the eastern part of the thermocline, and a warming in the western part (Fig. 6b), indicating a shallower thermocline in the east and deeper in the west, resulting in a more zonal thermocline tilt.



FIG. 6. (a) Vertical PT distribution at the equator for Control experiment (°C)), the black line representing the depth of the 20°C isotherm (Z20). (b) PT distribution for Higher Andes minus Control (°C)), with the black line representing the same Z20 as in (a). (c) Vertical velocity (w, cm/s) for Control experiment.. (d) Vertical velocity (cm/s) for Higher Andes minus Control.

However, this change in upper ocean potential temperature is not driven by stronger coastal upwelling. In the eastern equatorial Pacific, the upper ocean is dominated by strong upward motion (Fig. 6c), but in the Higher Andes, upwelling weakens due to the weaker zonal wind stress in the eastern Pacific (Fig. 4b).

#### **4.** Changes in ENSO Properties

As the mean state climate over the tropical Pacific is thought to be related to the ENSO variability 290 (Zhao and Fedorov 2020), the modification of the Andes is expected to influence the ENSO cycle. 291 The long-term changes in ocean mean state climate are the results of the changes in ENSO, as 292 was suggested by Atwood et al. (2017). In the periods during which ENSO has an unusually 293 large amplitude, the mean state climate will have cooler SSTs in the eastern Pacific and stronger 294 precipitation in the western Pacific, which tends to damp ENSO variability. In fact, the changes 295 in the mean state can affect the major feedbacks that control the characteristics of the ENSO cycle 296 (Karamperidou et al. 2020). Therefore, in this section, we will evaluate ENSO performance in the 297 Higher Andes experiment from various characteristics of the ENSO cycle. 298

#### 299 a. Amplitude

Fig. 7a shows the zonal distribution of the standard deviation (STD) of SST anomalies (SSTA) 300 over the equatorial Pacific. The observation exhibits a small variability in the western Pacific region 301 but from 190°E to the South American coast, the SSTA has a near-constant STD of about 0.9 °C. In 302 the Control experiment, the SSTA STD is around 0.5 °C larger than observed all along the equator. 303 The simulated SSTA variability also peaks clearly around 245°E before decreasing towards the 304 South American coast. With the Higher Andes setting, the SSTA variability is decreased all over 305 the equatorial Pacific, resulting in a similar amplitude of SSTA STD to the observation from 190°E 306 to 240°E. The differences in the variability strength is consistent with changes in the NINO3 index 307 probability distribution function (PDF) (Fig. 7b). In the Control experiment, extreme El Niño and 308 La Niña events happen more frequently than the observations. But in the Higher Andes experiment, 309 the distribution gets more concentrated to the center and the shape of its PDF is more similar to the 310 observation. Although SSTA variability is still too high in the western equatorial Pacific and now 311 has a too low variability in the far eastern Pacific in the Higher Andes experiment, its RMSE is 312 still much smaller than the Control experiment. Overall, the Higher Andes experiment captures a 313 much weaker SSTA variability over the equatorial Pacific compared with the Control experiment, 314 more consistent with the observed variability. 315

Fig. 7c and d show the meridional SSTA STD distributions in the central (150°W) and eastern (240°E) Pacific. In the central Pacific, the Control SSTA variations are much stronger than the



FIG. 7. (a) Standard deviation (STD) of SST anomaly (SSTA) along the equator (°C; 5°S-5°N average). (b) Probability Distribution Function (PDF) of NINO3 index. (c),(d) meridional distribution of SSTA STD (°) at 150°W and 120°W. The 160 year model results are divided into 4 sections of 40 years. Distributions of each section are plotted as thin, light lines and the averaged values of the 4 non-overlapping sections are plotted as thick, dark lines. The legends also show RMSEs calculated between the averaged distributions and the observations. See Method section for detailed explanations.

<sup>324</sup> observation from the 5°S to 5°N region, with an error of 0.5 °C at the equator (66% stronger <sup>325</sup> than the observation). By adjusting the Andes, the difference from the observation is reduced <sup>326</sup> by more than a half and is now down to 0.2 °C larger than observed. In the eastern Pacific, the <sup>327</sup> Control experiment has also a too large STD. With Higher Andes the STD is much reduced and the <sup>328</sup> observation falls within uncertainties (blue shading in Fig. 7d). The comparison of the meridional <sup>329</sup> distribution demonstrates that the Higher Andes experiment largely improves the SSTA variation <sup>330</sup> errors near the equator.

In the NINO3 region, the Higher Andes experiment has slightly weaker SSTA STD (0.8  $^{\circ}$ C) compared to the observation (1.0  $^{\circ}$ C), while the Control experiment variation is about 50% stronger than the observation  $(1.5 \,^{\circ}C)$ . The distribution of SSTA in the NINO3 region is quite narrow in the observation, with 90% of the SSTA being moderate or neutral SSTA (NINO3 SSTA between -1.5  $^{\circ}C$  and +1.5  $^{\circ}C$ ). The distribution in the Control experiment is too spread out, with only 72% of moderate or neutral SSTA. In this aspect, the Higher Andes experiment is closer to the observation (94% of moderate or neutral SSTA). The meridional distribution of SSTA is closely related to the frequency of ENSO and the meridional span of the anomalous Bjerknes feedback (e.g., Neale et al. 2008).

Fig. 8 shows the seasonality of the ENSO variations. ENSO variability peaks during boreal 340 winter and is weakest during boreal spring. This pattern is reproduced by both experiments but 341 the intensity of the variability is too high in the Control experiment and is mostly correct in the 342 Higher Andes experiment (within the observed values; blue lines). A closer analysis shows that the 343 intensity of the seasonality (defined as the variability during November-January divided by March-344 May) is slightly increased in the Higher Andes experiment compared to the Control experiment 345 and is closer to the observation (NINO3.4 region ((5°N-5°S, 170°W-120°W): 1.4 (Higher Andes), 346 1.3 (Control) and 1.7 (Observation); NINO3 region: 1.2 (Higher Andes), 1.2 (Control) and 1.7 347 (Observation)). 348



FIG. 8. Seasonal evolution of SSTA STD (°) in (a) NINO3.4 region and (b) NINO3 region.

#### 349 b. Skewness

The SSTA skewness is a key measurement of the ENSO asymmetry, which is produced by the nonlinear processes in the ENSO cycle (e.g., An et al. 2020). In the eastern Pacific NINO3 region, the SSTA skewness is strongly positive (Dommenget et al. 2013), meaning that El Niño events can
 reach larger amplitudes than La Niña events, but occurring less frequently.

Similar to Kohyama et al. (2017), we calculated the skewness of the 11-month running mean 354 NINO3 SSTA (Fig. 9a), and find a value of 0.9. The same method is applied to the Control 355 (Fig.9b) and Higher Andes (Fig. 9c) experiments. In the control experiment, the skewness is less 356 than half of the observed (0.4), suggesting that the El Niño and La Niña events are too similar in 357 amplitude. In the Higher Andes experiment, the skewness (0.7) is still too weak but much closer 358 to the observed value. The calculation of the skewness is consistent with the changes in the PDF 359 of the experiments (Fig. 7b). The variation in the observations ranges from -1.94 °C to 3.19 °C. In 360 the Control experiment, the range is -3.26 °C to 3.81 °C, while in the Higher Andes experiment it 36 is -2.14 °C to 3.33 °C. Thus, the Higher Andes experiment captures a more similar variation range 362 and the asymmetry between positive and negative phases. 363



FIG. 9. Time series of 11-month running mean Niño3 index, as Kohyama et al. (2017), for (a) observations, (b) Control and (c) Higher Andes. Skewness of the distributions indicated at the bottom right of each panel.



FIG. 10. Normalized spectrum of Niño3 index. The 160 year model results are divided into 4 non-overlapping sections of 40 years. Spectrum of each section is plotted as thin, light line and the averaged value of the 4 sections is plotted as thick, bold lines. See Method section for detailed explanations.

#### 366 c. Spectral Characteristics

The spectra of the NINO3 index can reveal the variability across time scales of the ENSO cycle (Guilyardi et al. 2009). In the spectrum of the observed NINO3 index time series, the strongest signal is at 0.27 /yr, which is a 3.7 years cycle but even with this strongest signal, its normalized amplitude is only 0.51. The dominant ENSO cycle does not have a very strong signal at a particular frequency; instead, the ENSO cycle is somewhat irregular and its period is around 4 years.

To perform a spectral analysis with uncertainties appropriate for comparison to the observed 40-year record, we used 160 years of data split into 4 sections of 40-years spans of data. The spectrum is calculated for each section (light lines) and then the average at each frequency (bold lines) for the Control and Higher Andes experiments (Fig. 10) are shown. The Control experiment spectrum has an excessive peak at the frequency of 0.22/yr, revealing its very strong periodic 4.5-year cycle, which is contradictory to the observation. A weaker peak near a 10 year period is also present in the Control experiment, but not in the observation. In the Higher Andes experiment,
the 4.5-year and 10-year peaks disappear and the spectrum more realistically captures a 3 to 8 year
irregular, broadband ENSO cycles. Although the amplitude of the Higher Andes experiment is
slightly weaker than the observed spectrum, the observed spectrum falls within the error bars of the
Higher Andes experiment in most of the frequencies between 0.1 and 0.4. At higher frequencies
(0.5 cycles/year and above), the observations and both simulations agree. The irregularity of ENSO
over its dominant frequency range is therefore much improved in the Higher Andes experiment.

## **5.** Mechanism

The modification of the Andes results in a more La Niña-like oceanic mean state (steeper ther-389 mocline tilt, colder eastern Pacific surface waters, enhanced eastern Pacific zonal and meridional 390 wind stresses), accompanied by fewer, less periodic, meridionally narrower, and less extreme 391 ENSO events with greater asymmetry between El Niño and La Niña. For the changes in the mean 392 state, the mechanisms are similar to what has been discussed in Xu and Lee (2021), with the 393 additional influence of ocean dynamical processes, especially upwelling and horizontal advection. 394 A higher elevation of the Andes has a stronger effect in squeezing the isentropic layers in the 395 atmosphere compared with the Control experiment. As a result, when the mid-latitude westerly 396 wind approaches the Andes, it becomes more difficult for the air mass to cross the mountains 397 so the wind turns equatorward. This equatorward turning is accompanied by downward motion 398 because of conservation of potential vorticity. With the strengthening of the anticyclonic motion 399 in the southeast Pacific associated with this equatorward turning, the atmosphere will have lower 400 specific humidity and stronger latent heat uptake, enhancing the formation of the low-level clouds 401 above the ocean. These low-level clouds will block the shortwave radiation and further lower the 402 SST in a positive feedback (Takahashi and Battisti 2007). The thermocline becomes more tilted 403 and the eastern upper Pacific less stratified. The ocean upwelling is weaker in the eastern Pacific 404 and stronger in the central Pacific, consistent with the change in zonal wind stress. These changes 405 in the Higher Andes experiment are correlated with the ENSO variations, either by changing the 406 mean state feedback or by changing the strength of the correlation between anomalies. 407

We calculated the Bjerknes Index (BJ) as Eq. 1 (Fig. 11), where uncertainty in each terms is estimated based on 1000 samples using Bootstrapping method. Detailed comparisons for each term are shown in Table 1. Results indicate that the reason for the weaker ENSO in the Higher Andes
experiment is the stronger damping effect from the mean state. Among the contributions from the
different terms, the difference is mainly due to the stronger Thermal Damping, the stronger Mean
Advection Damping and the weaker Thermocline feedback.



FIG. 11. BJ Index in both experiments. TD: Thermal Damping. MA: Mean Advection damping. ZA: Zonal Als Advection feedback. EK: Ekman feedback. TH: Thermocline feedback. BJ: BJ Index, sum of all the previous terms. The error bars represent 95% confidence level. They are obtained by bootstrapping of the original data 1000 times, calculating the corresponding BJ indexes with each bootstrapping sample, then compute the standard deviations of each term.

The thermal damping term is the linear regression between the surface energy flux anomaly and 422 the eastern Pacific SST anomaly. The surface energy flux depends negatively on the regional SST, 423 and in the Higher Andes experiment this regression has a steeper slope. According to Kim et al. 424 (2014), this atmospheric feedback is underestimated in the CMIP3 and CMIP5 models. In our 425 experiment, the changes in the regression are mainly contributed by the change in latent heat flux 426 (Table 1). The Higher Andes experiment has stronger downward motion of the air over the southeast 427 Pacific with lowered specific humidity, inducing stronger evaporation and takes up more latent heat 428 flux from the ocean surface. The stronger latent heat flux contributes to a stronger thermal damping. 429 However, this term, estimated by linear regression, has a relatively large uncertainty related to the 430 fact that the thermal damping includes some nonlinear feedback including the subsidence response 431 to SST and the high-level cloud cover. Thus, thermal damping is only moderately stronger in the 432 Higher Andes experiment than in the Control experiment. 433

Name	Decomposition of the Term	Definition	Control	Higher Andes
TD	$-\alpha_s$	$Q_s = -\alpha_s < T' >$	-1.64	-1.82
	$*-\alpha_{SW}$	$SW_s = -\alpha_{SW} < T' >$	-0.40	-0.23
	$*-\alpha_{LW}$	$LW_s = -\alpha_{LW} < T' >$	-0.05	-0.05
	$*-\alpha_{LH}$	$LH_s = -\alpha_{LH} < T' >$	-1.08	-1.41
	$*-\alpha_{SH}$	$SH_s = -\alpha_{SH} < T' >$	-0.12	-0.13
MA			-0.59	-0.68
	Udamp	$-\frac{\langle \overline{u} \rangle}{L_x}$	0.36	0.26
	Vdamp	$-\frac{\langle -2y\overline{v}\rangle}{I^2}$	0.49	0.46
	Wdamp	$-\frac{<\mathcal{H}(\overline{w})\overline{w}>}{H_m}$	-1.45	-1.40
ZA			0.43	0.44
	$\mu_a$	$[\tau'_x] = \mu_a < T' >$	5.36e-3	5.29e-3
	$\beta_u$	$< u' >= \beta_u [\tau'_x]$	4.26	4.85
	$\left\langle \frac{\partial \overline{T}}{\partial x} \right\rangle \times C_{time}$		18.63	16.97
EK			0.20	0.19
	$\mu_a$	$[\tau'_x] = \mu_a < T' >$	5.36e-3	5.29e-3
	$eta_w$	$<\mathcal{H}(\overline{w})w'>=-\beta_w[\tau'_x]$	2.50e-5	2.37e-5
	$\left< \frac{\partial \overline{T}}{\partial z} \right> \times C_{time}$		1.46e+6	1.50e+6
TH			0.67	0.56
	$\mu_a$	$[\tau'_x] = \mu_a < T' >$	5.36e-3	5.29e-3
	$\beta_h$	$< h' >= \beta_h [\tau'_x]$	5.71	5.09
	$a_h$	$<\mathcal{H}(\overline{w})T'_{50m}>=a_h < h'>$	17.93	17.44
	$\left< \frac{\overline{w}}{H_m} \right> \times C_{time}$		1.22	1.19
BJ			-0.94	-1.31

TABLE 1. BJ index equation (Eq. 1) terms comparison. Terms with bold text are not overlapping in 33% - 67% range (1 STD) between the two experiments, which means the change is significant. '\*' represents terms that are not directly included in the BJ index equation.  $C_{time}$  is the time constant that converts the unit from  $s^{-1}$  to  $yr^{-1}$ .

The second term that contributes to the stronger damping BJ index is the mean advection 434 Among the three directions, the zonal and meridional mean currents are positive damping. 435 feedback that strengthens the ENSO cycle, but the vertical current has a much stronger negative 436 effect. In the comparison between the Control and the Higher Andes experiments, the changes in 437 all three dimensions are significant (Table. 1). The weaker zonal mean current feedback is the 438 main contributing term for the difference between Higher Andes and Control experiments. In the 439 Higher Andes experiment, the mean westward current velocity in the NINO3 region within the 440 mixed layer decreases from 5.4 cm/s to 3.5 cm/s ( 36% decrease). This change is consistent with 441 the weaker zonal wind stress in the eastern tropical Pacific region (Fig. 4b). 442

The third term that contributes the the stronger damping is the weakened Thermocline feedback 443 in the Higher Andes experiment. The thermocline feedback quantifies the influence from the 444 thermocline depth anomaly to the eastern Pacific surface temperature anomaly. In the Higher 445 Andes experiment, the eastern Pacific becomes colder and the mean thermocline becomes deeper 446 (Fig. 6. As a result, the upper ocean is less stratified in the NINO3 region (Fig. 5). When the 447 eastern equatorial Pacific becomes less stratified, the zonal thermocline slope is less sensitive to 448 the wind stress (Kim et al. 2014) ( $\beta_h$  in Table 1). With the weaker oceanic response to the wind 449 anomaly in the Higher Andes experiment, the Thermocline Feedback becomes weaker and results 450 in a weaker ENSO cycle. 451

<sup>452</sup> Combining all the terms of the BJ index, the average damping index changed by 38%, from -0.94
<sup>453</sup> in the Control experiment to -1.31 in the Higher Andes experiment. Therefore, it is very likely
<sup>454</sup> that the ENSO amplitude is weaker in the Higher Andes experiment because of the stronger overall
<sup>455</sup> damping effect.

## 456 6. Conclusion

In this study, we performed an experiment to understand how the simulated height of the Andes 457 affects the Pacific climate of the CESM atmosphere-ocean global coupled model. The results show 458 that by elevating the height of the Andes, the model simulates the tropical Pacific mean state climate 459 and the ENSO variations better, which suggests that creating elevation maps by simply smoothing 460 away the high and low features of high resolution observations is an oversimplification. For the 461 mean state climate, the Higher Andes experiment results in a greater east-west and north-south 462 SST gradient, and reduced precipitation over the south Pacific. Easterly wind stress in the eastern 463 and central Pacific becomes stronger, accompanied by stronger cross-equator southerly wind stress. 464 In the upper ocean, the Higher Andes experiment is less stratified over the eastern tropical Pacific, 465 and it has a steeper east-west thermocline slope. ENSO variability is strongly affected: the Higher 466 Andes experiment exhibits a smaller amplitude, a greater skewness and a less regular ENSO period. 467 All of these changes exceeded the uncertainty due to limited simulation length, and all are more 468 consistent with observations results. Therefore, in this version of CESM a higher elevation of the 469 Andes allows better simulation of the tropical Pacific mean state as well as ENSO variations in the 470 CESM coupled model. 471

Although the improvement in the mean state climate and the ENSO properties are related, it 472 is hard to distinguish cause and effect. On the one hand, the changes in the climate mean state 473 can influence the ENSO characteristics (e.g., Fedorov and Philander 2000; Hu and Fedorov 2018; 474 Zhao and Fedorov 2020). Zhao and Fedorov (2020), suggesting that strengthening of thermocline 475 stratification and deepening the mean thermocline depth will produce stronger ENSO. In our 476 simulations, the Higher Andes experiment has a weaker upper ocean stratification and a shallower 477 thermocline depth over the central and eastern Pacific (Fig. 6), and we found a consistent change 478 toward weaker ENSO events (Fig. 7). In addition, Hu and Fedorov (2018) suggests that with a 479 stronger zonal wind over the central-western Pacific and stronger cross-equatorial winds over the 480 eastern Pacific, there will be a weaker amplitude of ENSO variations. Consistently, our results also 481 suggest that the elevation of the Andes strengthens the wind and weakens ENSO variability. On 482 the other hand, the changes in the ENSO variations can also influence the tropical Pacific mean 483 state. Because of the asymmetry of El Niño and La Niña, the changes of the mean state can result 484 from the varying occurrence and strength of strong El Niño and La Niña events, and the residual 485 between them (Rodgers et al. 2004; McPhaden et al. 2011; Atwood et al. 2017). In our result, the 486 Higher Andes experiment significantly reduces the occurrence of strong El Niño events, but has a 487 smaller influence on the La Niña events (Fig. 9). As a result, the eastern Pacific will have a cooler 488 mean state in the Higher Andes case. 489

Feng and Poulsen (2014) performed a similar experiment of modifying the height of the Andes in 490 a similar global coupled climate model (CCSM4), and examined the response of the Pacific climate. 491 However, their purpose was to understand the impact of Andean uplift over geological time, while 492 our purpose was to understand biases in the modern Pacific climate and ENSO. Furthermore, the 493 details of how the Andes were changed and thus the results are quite different. Feng and Poulsen 494 (2014) carried out their experiment to understand if the long-term climate transition in the Pacific 495 since late Cenozoic is the result from the from 1 to 3 km kilometer-scale uplift of the central Andes. 496 Our experiment is seeking an appropriate representation of the Andes in global climate models 497 for the present day (changing the maximum elevation from about 2 km to about 5 km), so as to 498 understand the model biases in the Pacific climate simulation. With this purpose, we compare our 499 results against observations to evaluate the simulation's performance. In addition, the resulting 500 changes in ENSO here are distinct from Feng and Poulsen (2014). In their experiment, as the 501

height of the Andes increases, the ENSO period decreases. In comparison, here no obvious change 502 in the dominant frequency occurs, but the strength of the NINO3 index spectral band reduces in 503 our Higher Andes experiment (Fig. 10). In their histogram of ENSO events, they have slightly 504 more extreme El Niño and La Niña events, less moderate El Niño and La Niña events and more 505 weak El Niño and La Niña events in the Higher Andes experiment. In our result, both extreme 506 and moderate El Niño and La Niña events decreased in frequency in the Higher Andes experiment 507 (Fig.7b), and phase asymmetry increased. However, consistent with our results, they find that the 508 mean zonal SST gradient increased with increasing the height of the Andes, although more so than 509 in our experiment. They found major strengthening of zonal winds while we find modest changes 510 to the mean wind magnitude and structure. 511

Overall, we consider the modification of the Andes an improvement in representing the South American topography and the tropical Pacific mean climate and its variability. This work highlights the fact that increasing the resolution of a climate model without addressing the height of the Andes could be problematic.

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